

YOUR RESPONSIBILITIES AS A MENTEE

Remember that your relationship with your mentor is a two-way street. The person you choose as your mentor is important, but what you bring to the relationship is equally important.

- Be eager to learn new things.
- Volunteer in your community.
- Remain open to new people and new conversations.
- Don't be afraid of difficult tasks, and responsibilities
- Focus on one area at a time.
- Keep your conversations positive.
- Pursue the little moments and small opportunities.
- Help others achieve their goals.
- Show your passion and enthusiasm.

HOW COULD A MENTOR HELP ME?

Life Area	I'm Confident About	Areas For Growth	I have an Opportunity	A Mentor Could ...
Career				
Family/HomeLife				
Education				
Health/Wellbeing				
Money/Finances				
Spiritual Walk				
Other				

WORKSHEET:
WHAT DO I WANT IN A MENTOR?

Personality Traits:

Availability:

Skills/Connections/Knowledge:

Once you have written details in each category, rank your top five characteristics and the five that are the least important to you. Highlight any that are “deal breakers” or “must-haves.”

5 Most Important Characteristics:

5 Least Important Characteristics:

WORKSHEET:

WHAT I BRING TO THE MENTORING RELATIONSHIP

Personality Traits:

Life Experiences:

Skills/Knowledge:

Hobbies/Interests:

Goals/Dreams/Passions:

WORKSHEET:
FINDING MY PERFECT MENTOR?

What is my goal in having a mentor?

Why am I asking this person, specifically? What is it about this person that makes me want him or her as my mentor?

What types of things would I ask my mentor to provide? What might our meetings look like?

What can I contribute to the relationship? What do I offer them?

How long might I want this relationship to last (at a minimum)?

How will I react if my potential mentor says “no”? How can I rebound from that situation?