



SIMPLE SKILLS TO EXTRAORDINARY RELATIONSHIPS

Pastor Rich & Dr Robyn Wilkerson 2-24-19

3 NON-NEGOTIABLES FOR CHRISTIANS MOVING TOWARDS ROMANCE:

- 1) I AM A CHRISTIAN 2 Corinthians 5:17
- 2) I LOVE LIKE A CHRISTIAN LOVES 1 Corinthians 13:4-7
- 3) I DO WHAT A CHRISTIAN IS CALLED BY GOD TO DO! 1 John 2:16

RELATIONSHIPS are challenging.

5 ESSENTIALS for EXTRAORDINARY RELATIONSHIPS

Consistency COMPOUNDS

ESSENTIAL #1 GOD IS LOVE. "... God is love." 1 John 4:8

ESSENTIAL #2 GOD LOVES ME. "God shows his love for us in that while we were still sinners, Christ died for us." Romans 5:8

ESSENTIAL #3 GOD LOVES ALL PEOPLE. "For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life." John 3:16

ESSENTIAL #4 GOD CREATED ME TO LOVE ALL PEOPLE – AND CREATED ALL PEOPLE TO LOVE ME.

"A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another." John 13:34 (ESV)

ESSENTIAL #5 GOD'S LOVE NEVER FAILS.

LOVE = "LOVE"

- Agape – God's divine love
- Storge – family love
- Philia – brotherly love
- Eros – romantic love

GOD IS LOVE!

PEOPLE WON'T GO ALONG IF THEY CAN'T GET ALONG

VALUE ALL PEOPLE – BECAUSE JESUS LOVES PEOPLE I DON'T LIKE

LOVE = Thinking, Speaking, and Acting in the HIGHEST interest of God, Myself and Others

Jesus said: "Do to others as you would have them do to you." Luke 6:31 (NIV)

"Love is patient, love is kind. It does not envy, it does not boast, it is not proud ... it always protects, always trusts, always hopes, always perseveres. – 1 Corinthians 13:4-8

God isn't asking you to LIKE everyone – He is asking us to LOVE everyone.

HAPPINESS = Experiencing JOY as you move towards your potential

5 HAPPINESS HABITS

REWIRE YOUR BRAIN IN 21 DAYS

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| 1. GRATITUDE EXERCISE – WHAT and WHY are you thankful?
List 3 new things every day | 3 minutes |
| 2. JOURNAL – WRITE a short 3 bullet point description of a positive experience | 3 minutes |
| 3. PRAY – Talk to God and Meditate on a Scripture Promise which applies to your life | 3 minutes |
| 4. DO AN ACTION OF KINDNESS TOWARDS OTHERS | 6 minutes |
| 5. MOVE – EXERCISE/DANCE | 15 minutes |

30 MINUTES DAILY TO INCREASE YOUR HAPPINESS

Experience JOY as you move forward towards your maximum Potential!

God's love NEVER FAILS. How precious is your unfailing love, O God! - Psalm 36:7

I can't do it ... No, in all these things we are more than conquerors through him who loved us. For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord. – Romans 8:37-39

I have been crucified with Christ. It is no longer I who live, but Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God who loved me and gave himself for me. – Galatians 2:20

YOU CAN DO IT. YOU WERE BORN FOR THIS!



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